



**New Summit Charter Academy
Student-Athlete Handbook**

Sportsmanship and Respect

All people in our community need to know that respect is a lifetime value taught through interscholastic activities; it is a principle of good citizenship. By taking this pledge, a person chooses to accept the responsibility for his or her actions, whether as a participant or spectator.

Why do we need to demonstrate respect for each other?

1. To decrease the emphasis on winning or losing.
2. To promote ethics and integrity in all walks of life.
3. To learn the attitudes necessary for responsible behavior.
4. Respect is about the relationship - not the game.

Student Participant Respect Pledge

I will focus my actions as a student participant on respecting my opponents, coaches, sponsors, parents, fans and officials. I believe that by demonstrating respect for all people involved in my activity, I am a catalyst for positive interaction among participants in interscholastic activities and athletics.

Spectator Respect Pledge

I will focus my actions as a spectator of high school athletics and activities on respecting all participants, coaches, sponsors, and officials. I believe that by demonstrating respect for all people involved in activity, I am a catalyst for positive interaction among participants and fans of interscholastic activities and athletics. By taking this pledge, I accept the responsibility of serving as a role model for all members of my community.

Philosophy

- Our mission in athletics is to provide the opportunity for student-athletes to learn responsibility, discipline, mental toughness, patience, and work ethic.
- Our primary concern as an athletic department is the wellbeing of our student-athletes. Athletics are an extension of the educational experience. We will create a culture that allows all student-athletes to feel supported but pushed outside of their comfort zone to grow as independent young adults. Our hope is that each student-athlete that participates in athletics will be better prepared for high school sports.
- Sportsmanship will be held to the highest standard possible. Commitment to fair play, integrity, and genuine empathy for others will be implemented by the coaches and practiced by the players. Our goal is to develop well-mannered, respectful human beings. Athletics will help contribute to the community, school spirit, and Yeti pride.
- Yeti Athletics uses a tiered program to promote the concept of winning, while focusing on the development of athletic skills for 6th, 7th, and 8th grade student-athletes. This will prepare the student-athlete for high school athletics.

CCAL Program Details:

New Summit Charter Academy is a full member school in the Central Colorado Athletic League (CCAL) and will directly support the participation of student-athletes in this program. CCAL provides a competitive environment with a playoff structure for a school's A-Team (where multiple team levels exist), and coaches will attempt to field the most competitive team possible to represent our school in A-Team contests. Competitive events are also held for a school's B-Team and C-Team (if available), but the league does not keep a record of season standings, and there is no playoff structure for these teams. The B-Team and C-Team are designed to be developmental programs for student-athletes that are still learning fundamentals, and perhaps not prepared for the A-Team competitive environment. In B-Team and C-Team games, coaches will focus on getting all players ample opportunities to compete and develop. CCAL League events often consist of both A and B team competition. **Occasionally a school may be short athletes and forgo having a B-Team. Some schools will also have C-Teams when there are enough interested student-athletes. Occasionally CCAL League rules may differ slightly for A-Team, B-Team and C-Team competition.**

CCAL rules prohibit "swing" players from participating in both A-Team and B-Team contests on the same day unless it is necessary to field a full team and agreed upon in advance by the Athletic Directors from each school. Some mixing of players between B-Teams and C-Teams can be appropriate to ensure appropriate levels of competition, and these decisions are left to the discretion of the coaches from both teams. Competition time for student-athletes participating in programs that do not feature multiple teams is left to the discretion of the coaches.

CCAL Programs are offered to all 6th, 7th and 8th grade student-athletes, with the exception of CCAL Football which is limited to 7th and 8th grade students only. It is a privilege for any student-athletes to represent New Summit Charter Academy in the CCAL Athletic League, and we will hold these student-athletes to a high standard in all regards.

Expectations

- Athletics are a PRIVILEGE, and New Summit Charter Academy is a school of character. Students represent their coach, team, and school.

Behavioral Standards

- Should a student-athlete receive any disciplinary action during school, or behave inappropriately while participating in any other school related functions, the student-athlete may temporarily or permanently lose athletic privileges. The Athletic Director will investigate any behavior issues immediately and reserves the right to suspend the student-athlete from competitive events, or revoke the privilege to participate completely. If the Athletic Director temporarily or permanently suspends athletic privileges there will be **NO** refund of program fees. Student-athletes must understand that they are held to a higher standard and are responsible for their actions. They must understand that there will be negative consequences for inappropriate behavior.

- The first violation of our school behavioral policy will result in sitting out during practice or a game. The Second violation will result in a week suspension from athletics. The third violation will result in a parent meeting. Depending on the severity of the violation, a student may receive a full or partial suspension from the sport, even if it is the first violation of the behavior policy. The NSCA Athletic Director is not limited to only suspending a student from athletic activities after a third violation.
- If a student is suspended from a sport they can try out for another sport in the upcoming seasons **ONLY** if the issue has been resolved. Any further violation of behavior guidelines may result in a suspension from all sports for the rest of the year.

Academic Standards

- Student-athlete means student responsibilities come first. Should a student receive a grade of “D” or “F”, the Athletic Director will open an investigation into the circumstances surrounding the classroom performance. Grades will be checked by the coaches every two weeks. Students will be given a grade check paper to get signed by their teachers. If a student athlete does not hand in grade check paperwork they will not be allowed to participate until they have turned in their form.
- If a student has a grade of “D” or “F” the coach will report it to the Athletic Director. If the Athletic Director finds that the grades are an accurate reflection of poor performance in the classroom, parents will be notified of the investigation, and the Athletic Director will determine whether the student-athlete will remain eligible to participate in New Summit Charter Academy Athletics/Activities. Any student-athlete that becomes ineligible will only be reinstated once the Athletic Director determines that the classroom challenges have been sufficiently resolved.
- Once the grade sheet is dispersed the student-athlete will have 48 hours to turn in the document

Procedures

Sign Up/Preseason Information Meeting

- Parents are expected to complete registration through rSchool. They must be completed before the first day of tryouts **NO EXCEPTIONS**.
- If registration is not completed before or on the first day of tryouts the student will not be eligible for participation.
- All teams will have an informational meeting at the beginning of the season. These meetings will focus on coaching expectations, practice and game schedules, venue locations, necessary athletic forms, carpool organization, and other aspects of the Student-Athlete Handbook.

Practices

- Practices are held after school most days of the week, sometimes immediately after school ends, and other times later, this depends on the availability of our coaches. Although not typical, students may occasionally practice during the morning, on weekends, vacations or holiday breaks. Practice will most often be canceled when school is canceled unless circumstances allow for practices to occur safely later in the day. Cancellations may be the result of weather, major leaks, a power outage etc.

- Students must be in school more than 50% of the school day to participate in practice unless previous arrangements have been made with the Athletic Director by the Parent.
- Players are required to practice on time, ready to listen and learn. Players are required to communicate in advance with coaches if they will not be able to make practice on time or at all. Respect is of the utmost importance for a player to show their coaches, teammates, opponents, fans, and officials. Win or lose sportsmanship will be demonstrated by all participants in Yeti athletics.

Games/Matches/Meets

- Most contests are scheduled during weekdays, and usually start at 4:00PM, although there can be exceptions to the start time. Some sports have two or three contests each week, and occasionally a contest will occur on a Saturday. There are also occasionally tournaments a coach may want to compete in that take place on weekends. Playing time will be determined by the coaches in agreement with the information contained in this Student-Athlete Handbook. Playing time distribution will vary by program. It is not mandatory for coaches to play every athlete.
- Student-athletes must be at school for no less than half of the school day on game days. This rule is put in place to highlight that if a student-athlete is healthy they should be able to attend the school day. If not, then the student-athlete cannot participate in, or attend games. Exceptions may be made with the Athletic Director, in advance, by a PARENT for personal scheduling conflicts.

Gate Fees

- New Summit Charter Academy has just started a new athletics program. To support these efforts we will charge an admission fee with pricing as follows: Adults \$3.00, Senior Citizens \$2.00, and Students \$1.00.

Equipment and Uniform Care

- Equipment and uniforms will only be issued to the student-athlete upon receipt of all athletic forms and fees, as well as school fees, or acknowledgement of financial hardship from the New Summit Charter Academy administration office. **THIS WILL BE STRICTLY ENFORCED.** Equipment and uniforms are distributed, and tracked, it is the responsibility of the student-athlete to care for them properly. **If a student-athlete loses or damages uniforms or equipment beyond repair, the replacement cost will be billed to the student-athlete's school account.** It is our goal to collect clean uniforms and equipment within one week of the final day of competition, or at an "end of season banquet" so that they can be inventoried and stored.
- Athletes are expected to safely store their equipment in designated areas prior to the start of each school day.

Expectations of NSCA Parents

- We ask that you let your child be the driver of their athletic career. Athletics are a great opportunity for student-athletes to take responsibility for their actions. We will foster an environment that will allow all athletes to grow.
- Model good sportsmanship at all times. Support and encourage all team members.

- We have a 24hr rule. This rule is put in place to let emotions settle to ensure and encourage a rational discussion between the parents and the coaches. Parents are welcome to speak with coaches after games to introduce themselves and say hi but discussing playing time after a game is **PROHIBITED**.
- Extend courtesy to the coaches by NOT interfering with their instructions to the student-athletes, DO NOT coach from the sideline/stands.
- Display courteous behavior towards referees, and opposing teams. Kids feed off of negative behavior from coaches and parents, and lose focus on playing the game ultimately affecting their performance negatively. We will not subject our student-athletes to behavior from parents that is aggressive, or in conflict with the core virtues that we teach here at New Summit Charter Academy. Any parent that cannot abide by this expectation will be asked to leave immediately, and at the discretion of the Athletic Director may be prohibited from attending future games/events. Continued abuses may result in expulsion of the student-athlete from the team, in which case team fees will not be refunded.
- **All required athletic forms and fees, as well as school fees, must be submitted before a student-athlete will be allowed to participate in New Summit Charter Academy Athletic events/activities.** ANY student wishing to try out for, or participate on a athletic team must have a valid physical form on file with the school before they will be allowed to participate. This will be STRICTLY ENFORCED. Should a family find financial hardship, they may contact the New Summit Charter Academy Administration Office to make other arrangements.

Tryout Expectations

- While broad participation is to be encouraged, it is a privilege to compete as a team member for New Summit Charter Academy. We are starting a new athletic program that has a desire to be competitive and develop a strong future for our program as a whole.
- Each coach has a unique style, but generally, athletes are evaluated on skill, work ethic, “coachability”, teamwork, and attitude. Cuts are a necessary part of the process, and a valuable learning experience for student-athletes. We encourage players who have been cut to discuss and ask questions with the coach at least 24 hours after tryouts, to see where improvements can be made. Any student-athlete that wishes to tryout must have a valid physical on file.
- Results of any tryout will be communicated via email to the parents of the student-athletes that participated. Coaches may also choose to speak with students-athletes individually at the end of the tryout session. We will avoid simply posting tryouts on a wall or door. As we build and increase interest in the athletic programs we will structure rosters with an A team, B team, and C team.

Transportation

- Parents will be required to drive players to and from contests held away from New Summit Charter Academy. A player may only leave New Summit Charter Academy to attend school sanctioned athletic contests with a family member, an emergency contact authorized for pick-up in Infinite Campus, or an adult that is an approved driver registered in our electronic registration system.

Communication

- Each team will have a Parentsquare group to use as a primary form of communication.
- To register for a sport or find a schedule visit:
<https://newsummitcharter-ar.rschoolday.com/>

Showing School Spirit

- Student-Athletes may wear their jerseys or school appropriate warm up tops on game days so long as they have appropriate, uniform attire underneath.

Sport Start Dates

Girls Volleyball- August 12th
Boys & Girls Cross Country- August 12th
Boys Soccer- August 12th
Cheerleading- October 1st
Boys Basketball- October 7th
Girls Basketball- December 2nd
Girls Soccer- March 10th
Boys & Girls Track & Field- March 10th